



National Healthcare Decisions Day Script:

Today is National Healthcare Decisions Day, and all Americans are encouraged to ensure that their future healthcare choices are known and protected. The process does not take long and it is free. This is something I have done for myself and hope you will, too.

- An advance directive is a legal document that tells healthcare providers who it is that you wish to make medical decisions for you and what treatments you would want or not want, if you are ever not able to tell us what you want for yourself. Here's a blank form.
- National Healthcare Decisions Day exists to remind all people, regardless of age or current health of the importance of making these decisions known.
- Please be sure to complete your advance directive today and also encourage all your loved ones to do the same.
- I'm happy to answer any questions you have and for more information, please visit: idaholivinganddyingwell.org.